



MENU MARCH 2023



	Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fist Course	1				2	3
Main Dish					Tomate soup	Salad
vegetarian option					Chicken breast, pepper, raw vegetables, fries	Fried fish fillet mustard sauce, leek puree
Dessert					Fruit	Chocolad pudding
Fist Course	2	6	7		9	10
Main Dish		Carrot soup	Minestrone		Salad	Watercress soup
vegetarian option		ardennes burger, meatsaus, gratin of cauliflower, potatoes	Chicken leg, applesauce, baked potatoes		Hungarian goulash, rice	Vegetarian noodle with vegetables and egg, spring roll sauce
Dessert		Lens with cauliflower	Vegetarian burger		Tofu	fruit
Fist Course	3	13	14		16	17
Main Dish		Vermicelli soup	Salad		Celeriac soup	Broccoli soup
vegetarian option		Colcannon (Kale stew with sausages)	Mac & Cheese		Meatballs, onionsaus, fries	Breaded fish, tartar sauce, spinach puree
Dessert		Vanilla Pudding	Fruit		Smoothie	Fruit
Fist Course	4	20	21		23	24
Main Dish		Chervil soup	Carrot soup		Salad	Tomato soup
vegetarian option		Crispy chicken, curry sauce with pineapple, vegetable rice	Spaghetti Bolognese		Turkey steak, hunter sauce, broccoli mix, potato croquettes	Hamburger bun, bicky onion, raw vegetables, baked potatoes
Dessert		fried quorn cubes	Veggy bolognaise		Vegetarian buger	Green beans, eggs, potatoes
Fist Course	5	27	28		30	31
Main Dish		Vegetable soup	Leek soup		Cauliflower soup	Salad
vegetarian option		Couscous with feta and bell pepper	Spirelli carbonara		Greek chicken brochette, Tzaziki, White cabbage with cumin, fries	Moussaka
Dessert		Yoghourt	Fruit		Fruit	Fruit

Allergènes : ● Gluten ● Crustacés ● Œufs ● Arachides ● Soja ● Lait ● Fruits à coque ● Céleri ● Moutarde ● Graine de sésame ● Sulfites ● Lupin ● Mollusques