



MENU APRIL 2023



	Monday 03 Apr	Tuesday 04 Apr	Wednesday 05 Apr	Thursday 06 Apr	Friday 07 Apr
First course	Holidays				
Main dish					
Vegetarian option					
Dessert					
	Monday 10 Apr	Tuesday 11 Apr	Wednesday 12 Apr	Thursday 13 Apr	Friday 14 Apr
First course	Holidays				
Main dish					
Vegetarian option					
Dessert					
	Monday 17 Apr	Tuesday 18 Apr	Wednesday 19 Apr	Thursday 20 Apr	Friday 21 Apr
First course	Carrot soup ●	Tomato soup ●		French onion soup	Spinach soup ●
Main dish	Vietnamese spring roll (vegetarian), rice, soy, curry sauce and pineapple ●●●●●●●	Vol au vent, tomato-fennel salad, fries ●●		Sliced chicken, red pesto (zucchini, eggplant, cherry tomato), penne ●●●	Pita bread, cocktail sauce or garlic sauce, fried potatoes ●●●●
Vegetarian option		Vol au vent with quorn ●●		Vegetarian Pesto ●●●	Falafel sandwiches ●●●●
Dessert	Fruit	Chocolate pudding ●●●		Fruit	Fruit
	Monday 24 Apr	Tuesday 25 Apr	Wednesday 26 Apr	Thursday 27 Apr	Friday 28 Apr
First course	Carrot and tomatosoup ●	Pea soup ● ■		Tomato soup with vegetables ●	Cress Soup ●
Main dish	Breaded fish, vegetable julienne, mashed broccoli ●●●●●●●	Gratin 'Hot lightning' sausage, (celeriac, onion, applesauce, potato cubes) ●●●●● ■		Chicken nuggets, joppie sauce, raw vegetable and tomato salad, Ebly ●●●●●●●	Pizza Magheritta ●●●
Vegetarian option	Seitan ●●●●●●●	Vegetarian wurst ●●●●●		Vegetarian nuggets ●●●●●●●	
Dessert	Yogurt ●	Fruit		Fruit	Rice pudding ●

- Milk
- Musterd
- Crustacean
- sesame seed
- Lupine
- Seafood
- Peanut
- Gluten
- Eggs
- Nuts
- Celery
- Sulphite
- Soja
- Fish

